

# Ware Public Schools

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## WARE JR SR HIGH SCHOOL BREAKFAST - JANUARY 2024

Dec 19, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 1  SCHOOL CLOSED TODAY HAPPY NEW YEAR NO BREAKFAST	Jan - 2  APPLE JUICE CINNAMON ROLL PINEAPPLE CHUNKS MILK-VARIETY	Jan - 3  ORANGE JUICE WG CEREAL MIXED FRUIT MILK-VARIETY	Jan - 4  GRAPE JUICE WG BLUEBERRY MUFFIN APPLESAUCE MILK-VARIETY	Jan - 5  FRUIT PUNCH WG CEREAL OR HOT OATMEAL PEARS MILK-VARIETY
Jan - 8  APPLE JUICE WG CEREAL PINEAPPLE CHUNKS MILK-VARIETY	Jan - 9  ORANGE JUICE MINI POWDERED DONUTS PEARS MILK-VARIETY	Jan - 10  GRAPE JUICE WG CEREAL APPLESAUCE MILK-VARIETY	Jan - 11  FRUIT PUNCH BANANA BREAD PEACHES MILK-VARIETY	Jan - 12  APPLE JUICE WG CEREAL OR HOT OATMEAL MIXED FRUIT MILK-VARIETY
Jan - 15  SCHOOL CLOSED TODAY MARTIN LUTHER KING DAY NO BREAKFAST	Jan - 16  GRAPE JUICE WG CHOC CHIP MUFFIN ORANGES MILK-VARIETY	Jan - 17  FRUIT PUNCH WG CEREAL MIXED FRUIT MILK-VARIETY	Jan - 18  APPLE JUICE WG RASPBERRY & CREAM CHEESE BAR PINEAPPLE CHUNKS MILK-VARIETY	Jan - 19  ORANGE JUICE WG CEREAL OR HOT OATMEAL PEACHES MILK-VARIETY
Jan - 22  GRAPE JUICE WG CEREAL PEARS MILK-VARIETY	Jan - 23  FRUIT PUNCH APPLE CINN TEXAS TOAST APPLESAUCE MILK-VARIETY	Jan - 24  APPLE JUICE WG CEREAL PEACHES MILK-VARIETY	Jan - 25  ORANGE JUICE WG BLUEBERRY MUFFIN PINEAPPLE CHUNKS MILK-VARIETY	Jan - 26  GRAPE JUICE WG CEREAL OR HOT OATMEAL MIXED FRUIT MILK-VARIETY
Jan - 29  FRUIT PUNCH WG CEREAL APPLESAUCE MILK-VARIETY	Jan - 30  APPLE JUICE CINNAMON ROLL PEACHES MILK-VARIETY	Jan - 31  ORANGE JUICE WG CEREAL PEARS MILK-VARIETY		

MENU SUBJECT TO CHANGE / 2 TYPES OF MILK SERVED: SKIM AND 1%  
"THE USDA AND THIS INSTITUTION ARE AN EQUAL OPPORTUNITY PROVIDER"

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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